# Hero’s Journey template

**Instructions:** To save this file as a template, go to **File > Save As Template** and save in your template folder.

Once upon a time, a protagonist was living a common life, when suddenly one day they were called to go on an adventure. This adventure forced them to battle several challenges, but in the end, they emerged victoriously.

Sounds familiar? Probably because you’ve read or seen the same storyline in *The Hunger Games*, *Harry Potter* or *Star Wars*.

This storytelling technique commonly used by writers is called the Hero’s Journey.

While this technique is often used to tell fictional stories, it also serves as a great guide for non-fiction writing.

Wondering how you can use this to write academic or research articles? We’ve got you covered! Through this template we’ll be guiding you on how to tell your story using this technique.

While the Hero's Journey traditionally consists of 17 steps, it can be condensed into the following three steps.

## Step 1. The departure: Hero leaves the familiar world behind

Research is about exploring new territories. It requires you to step outside pre-existing ideas to go ahead and find new ones. And that is precisely what you describe here.

Answering the following questions can help you write this section.

**What motivated you to explore new research outside your "familiar world" or your comfort zone? What inspired you to conduct this research?**

Type what motivated you to explore new research outside your "familiar world" or comfort zone here. What inspired you to conduct this research?

**Why did you think it was important to conduct this project?**

Type why you think it was important to conduct this project here.

**What is the end-goal of the project? What do you expect to achieve through this research?**

Type your end-goal of the project and what you expect to achieve through this research here.

## Step 2. The Initiation: Hero learns to navigate the unfamiliar world

We have established that research makes you venture into new and unfamiliar territories. While you might have knowledge regarding the field of your research, the research questions asked are about topics unfamiliar or unknown to you. Your research is a new journey for you.

And as it is with new journeys, there are ups and downs in learning how to navigate them and deal with the challenges that come your way.

So, let the world know how you navigated through these challenges. Here are some questions to guide you:

**What were some challenges you had to face while conducting this research?**

Type what were some challenges you faced while conducting this research here.

**How did you overcome these challenges?**

Type how you overcame the challenges here.

**Was there an instance where things didn’t go according to your plan? How did you navigate this situation?**

Type how you navigated an instance(s) where things didn't go according to plan here.

**What were the highlights of conducting this project?**

Type what the highlight(s) of conducting this project was here.

## Step 3. The Return: Hero returns to the familiar world

You have completed your journey and found the answers you sought. It is time to return. Now you have new findings from your research journey. Share these findings with your audience.

**What were the main findings of your research?**

Type what your main findings were here.

**Were you able to achieve the end goal you had in mind when you began this journey? If not, how did the goal evolve over the course of your research?**

Type if you were able to achieve the end goal and/or if the goal evolved over the course of your research here.

**Were there any findings that surprised you?**

Type if there were any surprising findings here.

**How will these findings have an impact on the larger community?**

Type how your research findings will have an impact on the larger community here.

**How will you be assimilating these findings into the world?**

Type how you'll be assimilating these findings into the world here.

***And there you have it—Your Journey.***